

THE LUNCH BAG

Empowered, Educated Eating

HOT MEALS WITH US



OUR MEALS ARE HANDMADE WITH LOVE 



Parent & Staff order through our app!



Find out more →



WHAT'S ON THE MENU?

13 different options each day!



- Chicken Lickin'**
- Ham-tastic**
- Beef Bonanza**
- Mix It Up**
- Veggy Delights**



We are heavily invested in 'local'. As such, we employ drivers and road crew from all across the country. We also hire local to distribute meals in schools. Not to mention all the local suppliers we source our delicious food from

Individually Handcrafted
Family Affordable High Quality Brands

Chicken Lickin'

Provides essential amino acids that helps children grow and develop properly!

SEIT 1838
Knorr[®]

WE USE KNORR CURRY SAUCE!*

Chicken from Mc Caughey's Farm Castleblayney, Co. Monaghan!

Founded in 1951 by Catherine McCaughey, who lived to her 102nd year, starting with a flock of nine birds raised to be sold for Christmas 1951. The company has a highly-respected name in the industry for quality and reliability. We are proud to be supplied by such an amazing family business!



Chicken Curry



***Contains Hidden Veggies!**

Chicken Curry Wrap



***Contains Hidden Veggies!**

Chicken Paella



WE LOVE!

**WRAPS FROM SIMPLI
BAKED BASED IN OFFALY!**



Great people making great products!



Roast Chicken



Our Baby Potatoes are Irish!

Contributes to Protein, Carbs + your 5-a-day!

Just like dinner from home!

Healthy Spice Bag



Like a take away.. But HEALTHY!

Low in sugar & saturated fat

Chicken Fajita Wrap



Full of yummy goodness!

Chicken & Broccoli Pasta Bake



White Sauce from Meath!



“ Chicken Goujons from Co. Wicklow
Things were pretty hectic in our house growing up, but being a busy family was what gave us the best ideas. Like creating a range of tasty, locally prepared oven-ready meals using only the best quality chicken, chicken that's tender, juicy and free from artificial flavours, colours and preservatives. ”

Chicken Goujons



ADVISED BY HEALTHY IRELAND
ONCE A WEEK TREAT

Milk Free Chicken

If this is your lunch choice, make sure to get some veg in with your evening meal at home!

Ham-tastic



Ham from the Molloy Brothers Co. Waterford.

form the backbone of Molloy Brothers, fuelled by a shared commitment to Irish culinary excellence and a vision for a thriving future built on trust, quality, and the love of great food.



Roast Ham



Our Baby Potatoes are Irish!

High in Protein!

Carbonara



Meals like this are packed with protein & carbs, keeping you full throughout the day with loads of energy!

Mix It Up!

Full of carbs! Helps kids to stay alert and active throughout the day.

Baked Potato



Classic Baked Beans!

Roast Turkey



Packed With Veg!

Baked Potato



Mince Taco Filling

Beef Bonanza



**Beef from Mc Caughey's Farm
Castleblayney, Co. Monaghan!**

Founded in 1951 by Catherine McCaughey, who lived to her 102nd year, starting with a flock of nine birds raised to be sold for Christmas 1951. The company has a highly-respected name in the industry for quality and reliability.. We are proud to be supplied by such an amazing family business!



Roast Beef



Packed with Veg!

Pasta Bolognese



Meatball Pasta



Mince from Dawn Meats, Co. Kildare

We operate with the strictest of standards in relation to animal & and technical quality from farm to fork.

We use Ballymaloe sauce in many of our hot food dishes! So what goodness is hidden in there..?
Tomatoes, Carrots, Onion, Celery



There's Loads of hidden Veggies in our Sauce!



Shepherds Pie



High in Protein!

Meatballs & Mash



Packed With Veg!

Veggy Delights

Vegan Goujons & Bites from...

THE PLANT-IT FOOD CO.

As a food obsessed Irish family business, we want you to enjoy our utterly delicious plant-based foods as much as we do!

WHAT'S SO GREAT ABOUT THEM?

- 100% Plant Based
- Made in Ireland
- BRCGS Approved
- Origin Green Gold Member
- NON-GMO
- Source of Protein
- Source of Fibre

Vegan Goujons



Low in saturated Fat & Sugar

Veg needed! It's important to include some veg outside of these meals, if this is your choice!

Vegan Bites



We use Ballymaloe Hidden Veg Sauce

BALLYMALOE
AN IRISH FAMILY FOOD COMPANY

Bean Chilli



Full of Beans!

Naturally nutritious, providing important nutrients for growing children! protein, fiber, folate, magnesium, iron, and potassium.



Veg Cacciatore



Delicious Sweet Potato!

Veg Fried Rice

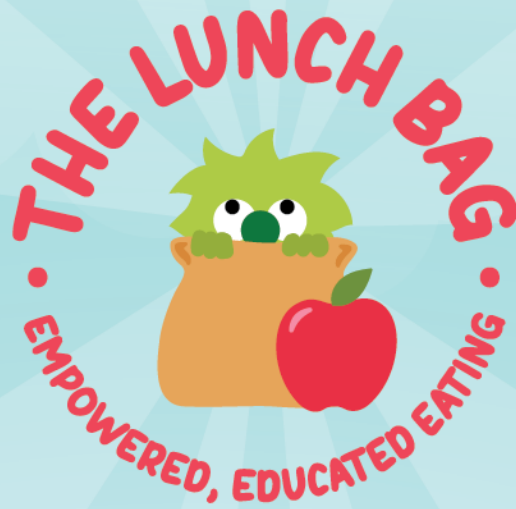
HEALTHY VERSION!



Full of Veg!

Tomato Ragu





Parent & Staff order through our app!



The response from parents towards The Lunch Bag has been so positive. They are full of praise for the quality of the food and the variety. The Lunch Bag is a fantastic company to work with. They are so enthusiastic and helpful. They really listen to our needs and respond accordingly. Keep up the amazing work!

-Patricia Vaughan, Principal, Furglan NS. Co.Clare

www.thelunchbag.ie
info@thelunchbag.ie



Nenagh, Co. Tipperary

